



■ CM Shivraj Singh Chouhan

## Yoga is a complete science and Modi is a yogi: Chouhan

HT Correspondent

#editorbhopal@hindustantimes.com

**BHOPAL:** In an attempt to convince people about the benefits of yoga ahead of the International Day of Yoga on June 21, chief minister Shivraj Singh Chouhan termed yoga "a complete science" and Prime Minister Narendra Modi "a yogi". In a blogpost on Sunday, the chief minister said he was all for the yoga event inspired by Narendra Modi.

However, he avoided referring to the opposition to the yoga show by Muslim and Christian communities. "On June 21, 2015, a golden chapter is going to be added to the world history. On the call of our energetic yogi Prime Minister Narendra Modi, the United Nations has declared it as the International Yoga Day. About 200 countries are going to observe the Yoga Day. This would go a long way in further popularizing Yoga across the globe," he wrote. He said Madhya Pradesh would observe International Yoga Day and yoga programmes would be organised at the state and panchayat level. Efforts were being made to associate eminent persons from every field, including literature, journalism, medical science, engineering, law, IT etc, with these programmes so that maximum people could be inspired to learn yoga and make it a way of life, he said. Terming yoga "a complete science", the CM said it was a valuable gift of India to the world. He said yogic discipline was the only way to provide solace and true joy to the humanity which was afflicted by the ills of materialism.

ON JUNE 21, 2015, A GOLDEN CHAPTER IS GOING TO BE ADDED TO THE WORLD HISTORY. ON THE CALL OF OUR ENERGETIC YOGI PM NARENDRA MODI, THE UN HAS DECLARED IT AS THE INTERNATIONAL YOGA DAY

SHIVRAJ SINGH CHOUHAN, CM